

# The Dream or Two Experience of Yachting

Is the Dream just a Dream.... or are you doing what you love??

## **RYA Start Yachting Course**



The aim of this course is to provide a short introduction to sail cruising for complete beginners. Participants will experience steering a yacht, sail handling, ropework and will be aware of safety on board.

### **Course Syllabus**

The RYA Course Syllabus and Log Book provides a useful record of achievement as it holds your completion certificate issued by your instructor and enables you to record your sailing experience. In your Log Book, your instructor will sign against each of the competencies listed below, when successfully completed

1. The yacht  
Basic knowledge of sea terms, parts of a boat, her rigging and sails
2. Ropework  
Ability to tie four different knots, as well as securing a rope to a cleat and can use a winch and jamming cleat
3. Underway  
Has experienced sailing a yacht on all points of sail and can steer a yacht under sail and power
4. Rules of the road  
Can keep efficient look out at sea
5. Meteorology  
Knows where to obtain a weather forecast
6. Man overboard recovery  
Understands the action to be taken to recover a man overboard
7. Clothing and equipment  
Understands and complies with the rules for the wearing of safety harnesses, lifejackets and personal buoyancy aids
8. Emergency equipment and precautions  
Awareness of hazards on board a yacht and knows the action to be taken in the event of an emergency

The RYA Course Syllabus and Log Book will be available for purchase from your instructor upon your arrival on the course. The completion certificate is included in the cost of your course.